## **Welcome to Pickleball**

Here are the basics to get you playing & loving the game!

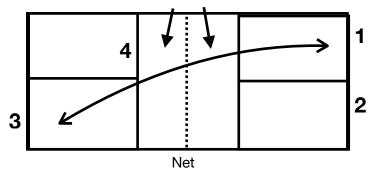
### Receiving:

- ball to bounce before returning serve
- · serving team must do the same
- after that, hit out of air (volley) or off one bounce but not two.
- position for receiving in doubles one partner up at NVZ line (4), then (3) goes up to line while 4 moves back to receive when (2) serves.
- Once serve is returned, players try to move to NVZ line area to complete the rally, moving in tandem across the width of court to cover area at NVZ.
- normally players stay in their lanes but switching place is allowed during game

### Volleys:

- To volley means to hit a ball in the air without first letting it bounce.
- only allowed when the player's feet are behind the non-volley zone line (seven feet behind the net).
- Note: fault if the player steps over the line on his volley follow-through

# Non Volley Zone (NVZ) 7 ft from net.



#### Faults:

- touches any part of the non-volley zone on the serve (including the line)
- · hit out of bounds
- · does not clear the net
- volleyed from the non-volley zone (eliminates spiking from NVZ)
- is volleyed before a bounce has occurred on each side but only while serving

#### Serving:

- diagonally, starting service with the right-hand service-square each time serving (1 & 3)
- · alternating side each serve when points made
- loss of serve then other partner serves until serve lost
- must clear the seven-foot non-volley-zone in front of the net and land in the diagonal service court.
- landing on lines is "in" except for NVZ line.
- · hit serve either out of air or on bounce
- hit ball on serve below waist, underhand swing must have low to high path to be legal. (No baseball swings.)

#### Scoring:

- A team shall score a point only when serving.
- A player who is serving shall continue to do so until a fault is made by their team.
- For doubles, each player on a team shall keep serving until a fault occur.
- Then the serve moves to the opposing team this is called a Side Out.
- The game is played to 11 points, however a team must win by 2 points.

# Notes for play at the Tennis Courts:

- Play is first come first serve, please share the space accordingly
- Pickleball lines (off white colour) different from tennis lines (white).
- Both singles and doubles are an option.

#### **Rotations:**

- after a fault is made by the receiving team, and a point is scored by the serving team
- then serving team's players switch sides of court and the same player will continue to serve.
- When serving team makes its first fault, the serving team's
  players will stay in the same side of the court, and the second
  partner will then serve.
- When they make their second fault, they will stay in their same court positions, and turn the ball over to the other team.

Enjoy this fabulous game!



Interested in joining our Club? Contact us @ www.meafordpb.ca